



# Skelton School Wellbeing Assemblies Plan 2023/24

2022/23	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>SCARF PSHE Unit</b>	Me and my Relationships	Valuing Difference	Keeping myself Safe	Rights and Responsibilities	Being my Best	Growing and Changing
<b>Themed assembly/day/week</b>	Friendships and Relationships with others	World Mental Health Day – 10 <sup>th</sup> October 2023	Children’s Mental Health Week 5 <sup>th</sup> -11 <sup>th</sup> Feb 2024 – <b>My Voice Matters theme</b>	Neurodiversity Celebration week – 18 <sup>th</sup> – 24 <sup>th</sup> March 2024	Mental Health Awareness Week – 13-19 <sup>st</sup> May 2024 – <b>Movement: Moving more for our mental health theme</b>	Transition Week  Little feelings and big feelings around change and transition
<b>Possible picture books to use</b>						